

EVIXA Workshop Structure – Plan

Teaching Method:

As an experienced teacher (working regularly Monday-Friday) and a Choreographer; my method is to work equally with step patterns and choreography. I believe that it is important to give students a practical way to use the steps that are being taught very quickly. For me, the joy of teaching dance is in watching people feel confident enough to free-style, and I find that after a process of working with the same students for around 4-5 hours, they begin to feel the need to spread their wings and learn how to use the movements in their own patterns.

My job is to facilitate the space, confidence and technical understanding of the style to give them the ability to act upon this need to move freely to music.

Week 1	Warm-up. Introduction to the style. Go through Basic step patterns for common Latin Movement (assess the knowledge of the participants). Teach first 2 movements from Evixa style.
Week 2	Warm-up. Review previous 2 movements. Show how they connect together. Add on two more movements. Build a pattern using all steps and work with different music styles to show versatility.
Week 3	Warm-up. Review All previous movements and pattern. Focus on Contra-body motion with Hip Hop styling to the upper body. Show the connection with current movements. Work with the original pattern – now creating the look and flow of Evixa.
Week 4	Warm-up. Review previous movements and patterns. Ask participants questions based on the style and how they are finding it. Work on new movements. Focus on the rolling of the hips and flexing of the knees in foot work. Start a piece of choreography that will be added to and perfected over the remaining 4 lessons.
Week 5	Warm-up and review. Add new movements. Add these to the choreography. Show how easy it is to connect pieces with “linking” movements that can be drawn on from both Hip Hop and Latin American styles. Set students a challenge to create 32 counts of choreography using what they have learnt so far to be reviewed the following lesson.
Week 6	Warm-up, review. Watch the student’s pieces. Give feedback. Use this to encourage continued free-styling within the dance form. Continue with the Choreography, adding on new movement.
Week 7	Warm-up and review. Continue with choreography. Encourage some free-styling within the piece of choreography (in hand and arm styling). Remind student’s they have 1 lesson to go, where the choreography piece will be performed and filmed. Encourage them to ask questions about the style.
Week 8	Warm-up and review. Revise the choreography. Hone in on any weaknesses in counts, steps and positioning. Perform and film the piece. Get student feedback from the course. Show one final step- to show where the style can continue on to should they wish to continue with the style in the future.